


# JOIN US IN 2027
# FOR AN INCREDIBLE WEEK OF FITNESS AND ADVENTURE IN *Bali*











FOUNDER,
WANDERLUST FITNESS RETREATS
WANDERLUST FITNESS VILLAGE GYM

# ABOUT US

## This is more than a retreat — it's your ultimate Bali fitness experience.

For nearly 10 years, Wanderlust Fitness Retreats has been transforming lives with fitness, adventure and connection. We bring epic humans together from all over the world to experience the ultimate fitness getaway in Bali. Our goal is to Build Better Humans, cultivate a community, seek adventure and personal growth all together in one unforgettable week.

Your playground for the week? Enter the world famous Wanderlust Fitness Village Bali, a 4000m2 fitness compound where you'll enjoy world-class training facilities, high level coaches, fun programming, a beautiful recovery area with a 25m lap pool, sauna, ice baths and jacuzzi.

Every session is thoughtfully designed to challenge you, build confidence, and help you become the best version of yourself. Whether you're stepping into a gym for the first time or you're an experienced athlete, every fitness level is welcome.

Our signature fitness camps are designed with two varied fitness sessions daily, complemented by stretch and mobility classes, surf lesson, ATV rainforest adventure and of course down time to recover and explore beautiful Bali.

This year, we've taken the experience to the next level. Alongside your welcome dinner and drinks at one of Canggu's newest and vibey restaurants, we've also included five lunches at some of Bali's most popular hotspots, plus three group dinners throughout the retreat. With accommodation, meals, training, adventures, and transport all taken care of, all you need to budget for are your flights and any personal spending money.

From the moment you arrive, the Wanderlust Fitness Retreats team handles every detail, allowing you to simply show up and enjoy the trip of a lifetime.

# INCLUSIONS

- 8 days, 7 nights - Luxury 5 Star Beachfront Accommodation
- Arrival and departure airport transfers
- Wanderlust Fitness retreat welcome packs
- Meet & Greet dinner & drinks at one of Canggu's vibey, new restaurants
- Daily healthy buffet breakfast
- 5 x Lunches at our favourite Bali hot spots
- 3 x delicious group dinners - bring your taste buds we have you covered
- Daily training at Wanderlust Fitness Village
- 2 x private group coaching sessions
- Wanderlust retreat pool workout
- ATV rainforest adventure
- 1-1 Instructed surf lesson
- Sunset stretch session to support recovery
- Unlimited access to Wanderlust Recovery - sauna, ice baths, jacuzzi and 25m lap
- All inclusive end of retreat celebrations at Finns Beach Club
- All transport between the hotel, gym and retreat activities

BOOK NOW!









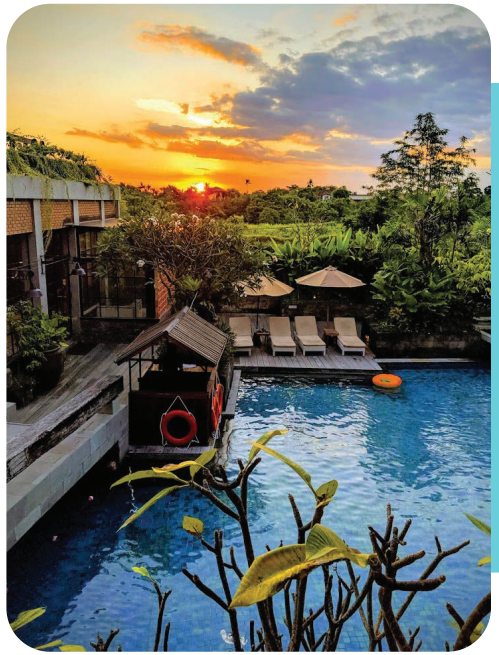
# HIGHLIGHT

## Luxury 5 Star Beachfront Accommodation

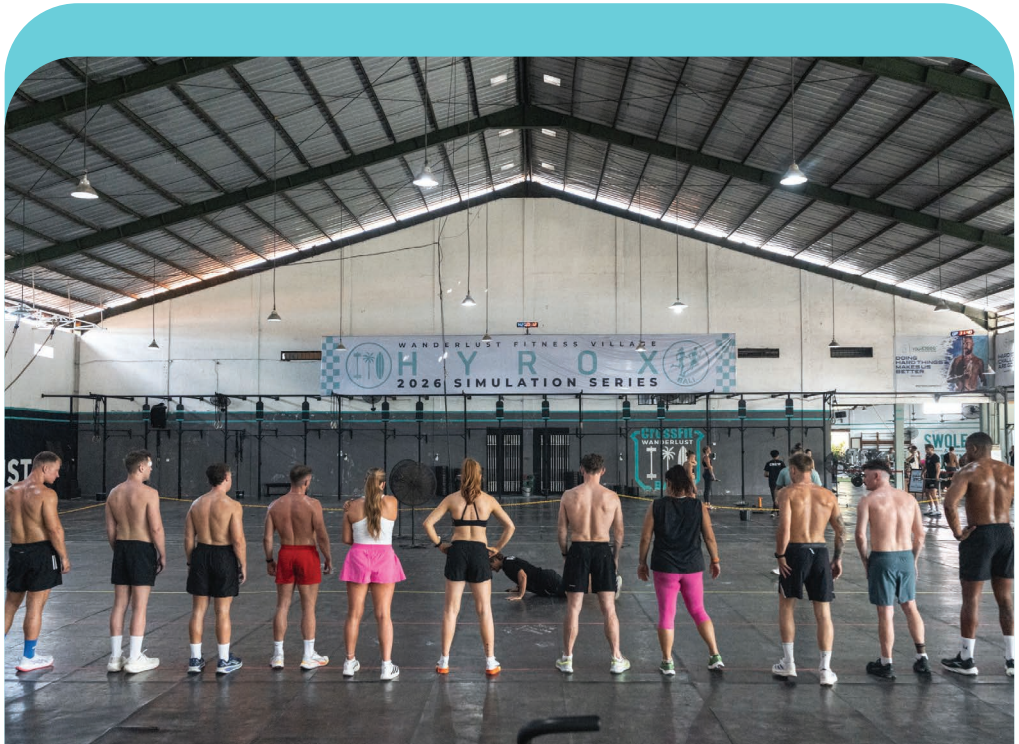
Located directly on a popular Canggu Beach, your retreat hotel is a prime location surrounded by beautiful cafes, restaurants and shopping hotspots.

Relax by the expansive pool just steps from your room, or unwind at the on-site tranquil Balinese-inspired spa.

Choose from a Triple Share Womens Room, Triple Share Mens Room, Single Private Room, or Couples Share Room. Prices from $1999 USD per person.








## Wanderlust Fitness Village Training

Experience a full week of functional fitness style training at Wanderlust Fitness Village. Crossfit/Hyrox - you name it! Each day includes one to two sessions — from our famous group fitness classes to poolside workouts at the 25m lap pool (think Ski Ergs, Deadballs Cleans and swimming combined in one workout), plus exclusive private focused group coaching sessions for our retreat guests. (Gymnastics Skills, Weightlifting Focused)

Our training camps have the flexibility in which our retreat crew can train as much or as little as they wish. Outside of the retreat schedule, the gym is available for open gym use, plus a variety of up to 60+ classes to join per week.

# HIGHLIGHT

## Fuel for Your Adventure - What's included?

Kick off your retreat on Sunday evening with a meet and greet dinner.

Connect with your retreat crew and enjoy a tasty dinner and drinks at one of Canggu's vibey new restaurants!

The following meals are also included:

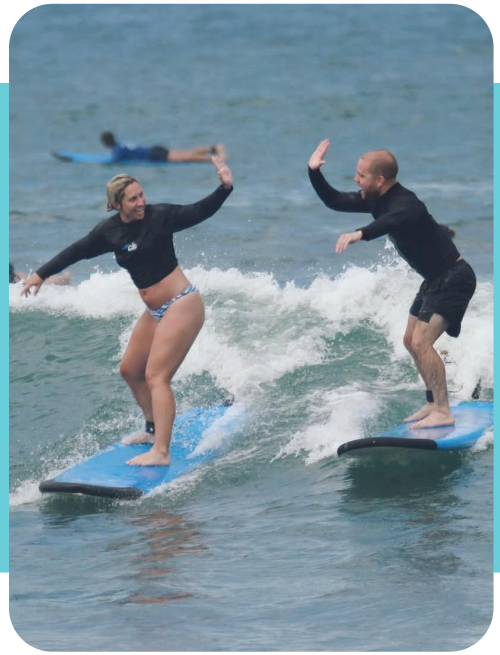
- Your daily healthy buffet breakfast each morning at your retreat hotel.
- 5 x lunches at Bali's hot spots are included from Monday - Friday.
- 3 x group dinners are included Monday, Wednesday and Thursday evenings (bring your taste buds we have you covered).

Finns Close out celebrations, food and drinks.











# HIGHLIGHT

## Surf Lessons & ATV Adventure

Take your fitness from the gym to the ocean! With a dedicated surf instructor, challenge yourself, ride the waves, and learn to surf.

Get ready to explore Bali like never before! Jump on an ATV and ride through lush jungles, rice terraces, and hidden trails. Wanderlust Retreats in Bali delivers the perfect mix of fitness and adventure.

## Wanderlust Recovery & Sunset Stretch

Enjoy full access to Wanderlust Wellness Recovery Centre, located directly adjacent to Wanderlust Fitness Village. The recovery centre is a purpose built facility taking care of your post-workout needs. The space hosts a 25m lap pool for recovery. Enjoy a fresh coconut on the floating beds and soak up the sunshine.

There are two ice baths, a large sauna and jacuzzi overlooking the rice paddies - perfect to experience hot and cold therapy for muscle recovery.

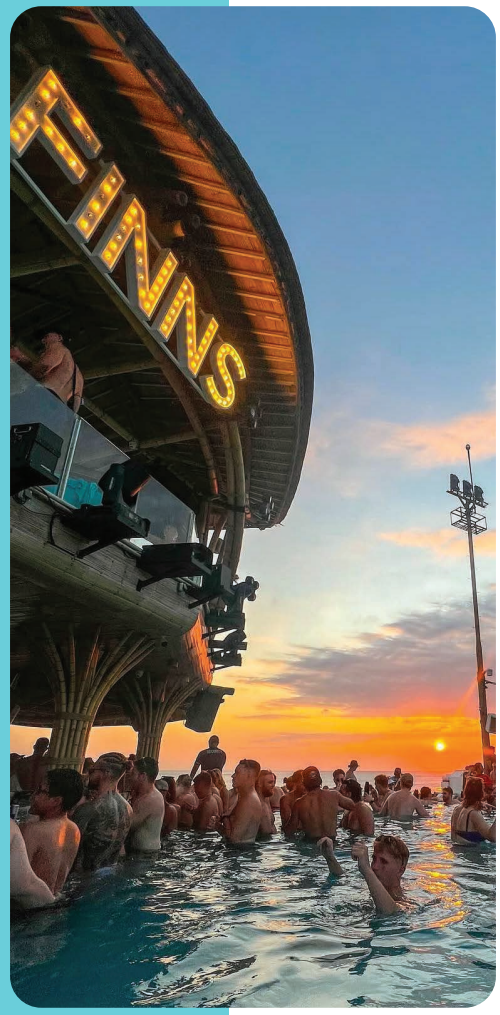
Recharge from your challenging workouts with a slow, sunset stretch session midweek!












# HIGHLIGHT

## Finns Close out Party

After one of the biggest workouts of the week — the famous Wanderlust Saturday Smasher — it's time to celebrate an unforgettable week together at Finns Beach Club. Enjoy drinks, food, and good vibes on us... just don't forget your best dancing swimwear!



# 2027 WANDERLUST FITNESS RETREAT DATES

If you wish to secure your spot now,
please click your chosen retreat date below!

- APRIL 18-25, 2027
- MAY 16-23, 2027
- JUNE 13-20, 2027
- JULY 18-25, 2027
- AUGUST 15-22, 2027
- SEPTEMBER 5-12, 2027
- OCTOBER 3-10, 2027














# WHY US?

- Connect with likeminded people from around the world
- Kick start your fitness goals
- Get out of your comfort zone and challenge yourself physically and mentally
- Reset, recharge and take control of your health
- Experience world-class coaching
- Build confidence through movement, mindset and community
- Balance epic training, wholesome food, beach hangs and Bali adventures
- Be part of something bigger — a tribe, a culture, a movement
- Barbells, Beaches, sunshine, palm trees and epic vibes. Duh!

BOOK NOW!



# TESTIMONIALS

WANDERLUST FITNESS RETREATS

I've done this trip 2 times now and both have been absolutely fantastic! So welcoming for all stages of fitness levels even if you have never done CrossFit a day in your life. Coaches are fantastic and so helpful. All the activities and cafes/meals included are so delicious and such pretty places to visit. Highly recommended to anyone looking into do it.

**Emma B,** May 2026

★★★★★

WANDERLUST FITNESS RETREATS

The week was the perfect mix of training, recovery, good food, and exploring Bali. The coaches were awesome, really knowledgeable and encouraging and helped me tweak some certain things to perform some movements better. Everyone was so welcoming and easy to get along with, and it didn't take long to feel like part of the group. There was a great balance between pushing yourself in the gym and having plenty of fun outside of it. The facilities are unreal, the workouts are challenging without being overwhelming, and everything is organised so you can just turn up and enjoy the experience.Doing a sauna and ice bath after every work ensured I could absolutely send it during each workout and then be nice and recovered for the next day. 100% will be back

**Harley L,** May 2026

★★★★★

WANDERLUST FITNESS RETREATS

Such a well curated and planned retreat. Honestly, I had the best time and met the most amazing people. The workouts were great, the accommodation was amazing and perfect location, the food was 10/10 and the gym and recovery centre was awesome. Even if I don't do another retreat, I would 100% visit Wanderlust fitness village again when I'm in Bali. Thank you Dave and Sharn for creating something so special and I'm so thankful I got to be a part of it

**Jessica T,** June 2026

★★★★★

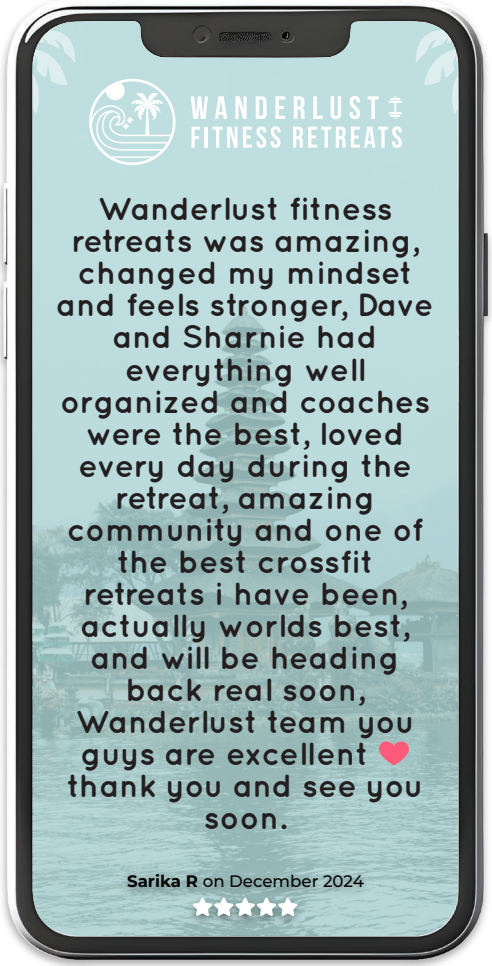
WANDERLUST FITNESS RETREATS

Third time back in Bali with Wanderlust and it just keeps getting better 🌴💪. The workouts were fire, the crew was amazing, and the balance of sweat + chill was spot on. I loved how everything flowed — training hard, then kicking back in paradise with great people. The energy was unreal, the coaches kept us buzzing, and the vibe made it super easy to connect with everyone. Honestly, it's the perfect mix of fitness, fun, and Bali magic ✨. Already looking forward to round four

**Nicholas G, New 2-LOCATION** July Retreat 2026

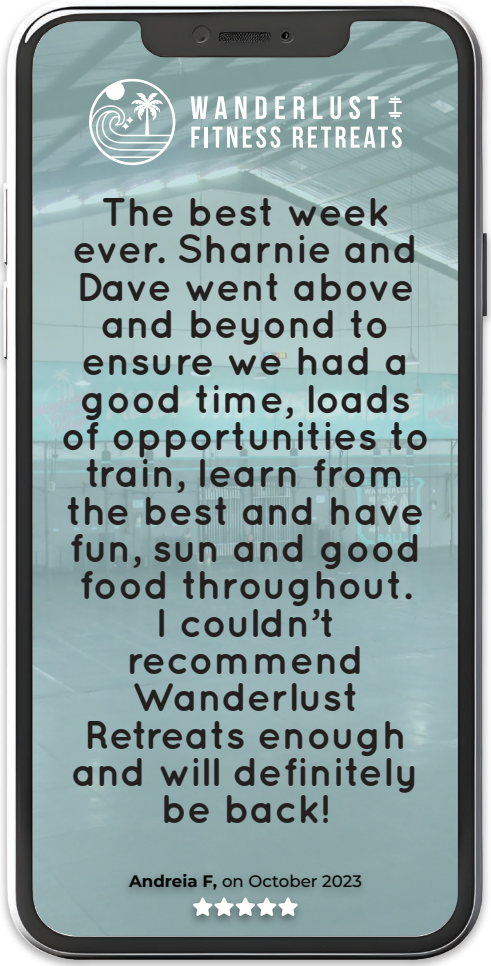
★★★★★

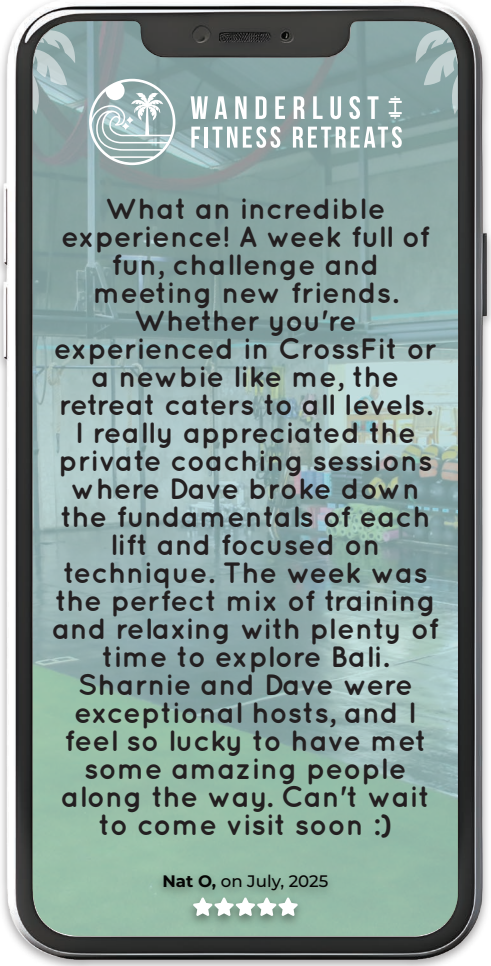
# TESTIMONIALS









WANDERLUST FITNESS RETREATS



# SEE YOU IN BALI!

info@wanderlustretreatsbali.com

+61 407 299 170

@wanderlustfitnessretreats